

AdventHealth Hendersonville 2020-2022 COMMUNITY HEALTH PLAN



Fletcher Hospital Inc. d/b/a AdventHealth Hendersonville

Approved by Hospital Board on: March 25, 2020

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Extending the Healing
Ministry of Christ



2020-2022 COMMUNITY HEALTH PLAN

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Acknowledgements

This community health plan was prepared by Graham Fields, with contributions from members of the Henderson County Partnership for Health (Community Health Needs Assessment Committee) representing health leaders in the community and AdventHealth Hendersonville leaders.

We are especially grateful for the internal and external partners who helped guide the development of the community health plan, which will enable our teams to continue fulfilling our mission of *Extending the Healing Ministry of Christ*.

OVERVIEW

Fletcher Hospital Inc d/b/a AdventHealth Hendersonville will be referred to in this document as AdventHealth Hendersonville or the “Hospital.”

Community Health Needs Assessment Process

AdventHealth Hendersonville in Hendersonville, NC, conducted a community health needs assessment in 2019. The assessment identified the health-related needs of the community including low-income, minority and other underserved populations.

In order to assure broad community input, AdventHealth Hendersonville participated in local and regional Community Health Needs Assessment Committees (CHNACs) to help guide the Hospital through the assessment process. The Henderson County Partnership for Health, an existing community health coalition, served as the local CHNAC and the West North Carolina (WNC) Healthy Impact Steering Committee served as the regional CHNAC representing other counties in the region. Both CHNACs included representation from the hospital, public health experts and the broad community. This included intentional representation from low-income, minority and other underserved populations. The CHNAC met throughout 2018-2019. The members reviewed the primary and secondary data, helped define the priority issues to be addressed by the Hospital, and helped develop the Community Health Plan (CHP) to address the priority issues.

The CHP lists targeted interventions and measurable outcomes for each priority issue noted below. It includes resources the Hospital will commit and notes any planned collaborations between the Hospital and other community organizations and hospitals.

Priority Issues to be Addressed

The priority issues to be addressed include:

1. Mental Health
2. Substance Abuse
3. Physical Activity and Nutrition
4. Safe and Affordable Housing

See Section 3 for goals, objectives and next steps for each priority selected to be addressed.

Priority Issues not to be Addressed

The priority issues that will not be addressed include:

1. Vaping
2. Suicide
3. Adverse Childhood Experiences (ACEs)
4. Transportation

See Section 4 for an explanation of why the Hospital is not addressing these issues.

Board Approval

On March 25, 2020, the AdventHealth Hendersonville Board approved the Community Health Plan goals, objectives and next steps. A link to the 2020 Community Health Plan was posted on the Hospital's website prior to May 15, 2020. The Community Health Plan can be found at <https://www.adventhealth.com/community-health-needs-assessments>.

Ongoing Evaluation

AdventHealth Hendersonville's fiscal year is January – December. Implementation of the 2020 CHP begins upon its approval by the Board. The first annual evaluation will begin from the date of implementation through the end of the calendar year. Evaluation results will be attached to the Hospital's IRS Form 990, Schedule H. The collective monitoring and reporting will ensure the plan remains relevant and effective.

For More Information

Learn more about the Community Health Needs Assessment and Community Health Plan for AdventHealth Hendersonville at <https://www.adventhealth.com/community-health-needs-assessments>.

CHP PRIORITY 1

Mental Health

Mental health has been a Community Health Needs Assessment Health Priority for Henderson County since 2003. Access to and the quality of mental health services have been a source of concern for many years. Over the last 15 years, many changes to the mental health system have occurred, which have negatively affected those living with mental illness in our community, as well as their caregivers and other organizations that provide support.

Mental health and physical health are closely connected. Mental health plays a major role in people's ability to maintain good physical health. Mental illnesses, such as depression and anxiety, impact people's ability to participate in health-promoting behaviors. In turn, problems with physical health, such as chronic diseases, can have a serious impact on mental health and decrease a person's ability to participate in treatment and recovery.

Mental illness can affect anyone, of any age, at any time in their lives. Even youth are not immune. There is often co-occurrence with drug misuse, homelessness and mental illness. The numbers of Western North Carolina residents being served by mental health programs has decreased overall but is beginning to increase again. It is important to note that decreased access does not necessarily mean decreased need.

When asked, survey and focus group participants most often reported a greater need for services provided in Henderson County. Services for the uninsured and under-insured populations, as well as services provided in Spanish, are limited. The need to travel to Buncombe County or elsewhere in the state to receive services also makes access a problem. For those who have insurance, co-pays were listed most frequently as a barrier to care.

- 14.4% of adults reported more than seven days of poor mental health in the past month.
(2018 Community Health Survey)
- 9.2% of adults reported inability to get needed mental health care in the past year.
(2018 Community Health Survey)
- Suicide mortality rate has increased to 18.8 per 100,000.
(NC State Center for Health Statistics)
- 21.4% of 9th graders reported seriously considering suicide in the last year.
(2017 Youth Risk Behavior Survey)
- 13% of adults reported having four or more Adverse Childhood Experiences.
(2018 Community Health Survey)

Goal	Provide needed mental health services at the right place and time.
Objective	Partner with the Henderson County Partnership for Health to continue developing a “ Living Road Map ” to help patients, providers and safety-net organizations navigate the region’s mental health system and access appropriate community-based resources. A committee of local non-profits, government agencies and health care providers has worked together to create and maintain a comprehensive guide to mental health services in the region for patients. The project is being completed in phases. The first phase, focused on Youth Mental Health Services , was completed in 2019. The objective for the committee over the next three years will be completion of the next phase of the plan that is focused on Caregiver/Family Support resources in the community.
Objective	Increase the number of child medical exams through the Believe Child Advocacy Center (CAC) by at least 15% from a benchmark of 120 by the end of year three.
Objective	Increase the number of children served by Crossnore School & Children’s Home through its school-based mental health counseling program by at least 10% from a baseline of 150 students by the end of year three.
Objective	Increase the number of domestic violence survivors receiving safe, effective and timely victim advocacy services to address the effects of trauma through Helpmate by at least 5% from a baseline of 3,200 women and children by the end of year three.
Objective	Increase the number of sexual abuse survivors served by Our Voice through its recovery programs by at least 5% from a baseline of 877 by the end of year three.
Goal	Enhance the county’s community-based mental health system to fully support relationship-based, personalized care.
Objective	Support and expand the Phoenix Project —in partnership with Safelight and The Free Clinics —to enhance access to mental health services and trauma-informed primary care for survivors of domestic violence and sexual assault. The program will expand the number of patients it serves by at least 10% from a baseline of approximately 100 women by the end of year three.
Objective	Implement and expand The Free Clinics’ behavioral health outreach in the Henderson County Detention Center. The program’s goal is to connect with 75% of inmates within the detention center to screen for mental health needs and to follow up with 20% of inmates upon discharge by the end of year three.
Objective	Increase the number of domestic violence and sexual assault survivors served by Safelight through its counseling programs by at least 5% from a baseline of 497 adults and children by the end of year three.
Objective	Increase the number of youth and young adults on the autism spectrum receiving intensive Applied Behavior Analysis (ABA) through St. Gerard House by at least 10% from a baseline of 81 by the end of year three.
Goal	Maintain services for the chronically mentally ill in the region.

Objective | Continue serving individuals with severe and persistent mental illness through **Thrive** in its **Clubhouse Day Program**. The program served a baseline of 55 adults per month and will maintain those levels through the end of year three.

Hospital Contributions

- AdventHealth Hendersonville will continue serving on the board of the **Henderson County Partnership for Health**—a community health coalition that also serves as the local CHNA Committee. The coalition developed **Action Teams** to address each individual health priority. The Hospital is an active participant in the **Behavioral Health Committee**, the Action Team tasked with addressing the priority of mental health.
- AdventHealth Hendersonville will continue its support for **Safelight** and the **Believe Child Advocacy Center (CAC)** to serve child abuse and sexual assault survivors in the region. AdventHealth Hendersonville will also continue employing the Physician’s Assistant who provides child medical exams at the Child Advocacy Center (CAC) and maintain its \$17,500 annual donation. A representative from AdventHealth Hendersonville also serves on Safelight’s Board of Directors.
- AdventHealth Hendersonville will continue and expand its partnership with **Crossnore School & Children’s Home** to serve the mental health needs of students within Henderson County Public Schools and increase its annual donation to \$10,000 in support of these programs. A Hospital medical office selected Crossnore as its community outreach focus and offers annual support through volunteerism and donations. AdventHealth Hendersonville also hosts a foster care information breakfast and adopts kids within the program to provide Christmas gifts.
- AdventHealth Hendersonville will establish a partnership with **Helpmate** to support the organization’s programs for survivors of domestic violence through an annual donation of \$5,000. The Hospital will serve survivors of domestic violence through its expanded inpatient women’s behavioral health unit and its focus on treating trauma and post-traumatic stress disorder.
- AdventHealth Hendersonville will continue its partnership with **Our Voice** to serve sexual assault survivors in Buncombe County and donate \$5,000 annually to support these programs. The Hospital continues to train team members as SANE (Sexual Assault Nurse Examiner) nurses who support sexual assault survivors in the region. Survivors are also served by the Hospital’s inpatient women’s behavioral health unit. A representative from AdventHealth Hendersonville also serves on Our Voice’s Board of Directors.
- AdventHealth Hendersonville will continue its partnership with **The Free Clinics** and **Safelight** to support the **Phoenix Project** by providing medical providers and staff to meet the medical and mental health needs of domestic violence and sexual assault survivors. The partnership was awarded a Duke Endowment grant to embed AdventHealth Hendersonville health care providers—primary care, behavioral health and OB/GYN—within The Free Clinics to offer immediate health care access for Safelight clients and other underserved populations in Henderson County.

- AdventHealth Hendersonville will continue its support for **The Free Clinics** to aid its mental health outreach in the Henderson County Detention Center by increasing its annual donation to \$10,000. The Hospital works with The Free Clinics to serve patients struggling with chronic mental illness in its inpatient women’s behavioral health unit.
- AdventHealth Hendersonville will continue its partnership with **St. Gerard House** to serve children and young adults on the autism spectrum in Western North Carolina and continue its annual donation of \$5,000. AdventHealth Hendersonville pediatrician Dr. Charlotte Riddle serves on the organization’s board and was previously chair. Dr. Riddle and her practice—AdventHealth Pediatrics—have a special focus on serving children on the autism spectrum.
- AdventHealth Hendersonville will continue its partnership with **Thrive** to support its behavioral health programs in Henderson County through a \$7,500 annual donation. The Hospital also works with Thrive to serve patients struggling with chronic mental illness in its inpatient women’s behavioral health unit.

Community Partners

- **Henderson County Partnership for Health** is a community health coalition with member organizations from area health care, non-profit and governmental organizations. The organization supports the **Behavioral Health Committee** that is focused on addressing the community health priority of **Mental Health**.
- **Safelight** is a non-profit agency that provides support for survivors of interpersonal violence, sexual assault and child abuse in Henderson County.
- **Crossnore School & Children’s Home** is a non-profit provider of trauma based clinical services and mental health care for children in Western North Carolina.
- **Helpmate** is primary provider of crisis services offered exclusively to survivors of domestic violence in Buncombe County.
- **Our Voice** is a non-profit crisis intervention and prevention agency which serves victims of sexual violence, age 13 through adult, in Buncombe County.
- **The Free Clinics** is a non-profit organization that enhances the health care system in Henderson County to ensure the accessibility of quality health care for the uninsured and low-income clients.
- **St. Gerard House** is a non-profit focused on serving individuals with autism from throughout Henderson County and the region.
- **Thrive** is a community non-profit focused on assisting individuals experiencing mental health and housing instability in Henderson County.

CHP PRIORITY 2

Substance Abuse

Substance abuse refers to a set of related conditions associated with the consumption of mind- and behavior-altering substances that have negative behavioral and health outcomes. Social attitudes and political and legal responses to the consumption of alcohol and illicit drugs make substance abuse one of the most complex public health issues. Substance abuse was identified as a top priority in AdventHealth Hendersonville's previous CHNAs.

Opioids caused the highest proportion of drug overdose deaths in Henderson County and in the state and the rates of deaths are increasing. This category of drugs includes commonly prescribed medications like hydrocodone, oxycodone, morphine, codeine and related drugs. It also includes heroin and synthetic narcotics like fentanyl and fentanyl-analogues (drugs that are similar to fentanyl but have been chemically modified to bypass current drug laws).

Opioid-related deaths involving pain medications like oxycodone and hydrocodone have historically been the leading cause of overdose deaths. Illicit substances such as heroin, fentanyl and fentanyl analogues are increasingly contributing to overdose deaths, resulting in higher rates of opioid overdose deaths. An increase in behaviors related to tobacco, electronic vaping and alcohol usage have also been of concern for many community members during this CHNA process.

- 24 unintentional opioid deaths in Henderson County in 2017.
(North Carolina Opioid Dashboard)
- 71 opioid overdose Emergency Department visits in 2017.
(North Carolina Opioid Dashboard)
- 21.8% of adults reported using opiates/opioids in the past year—with or without a prescription.
(2018 Community Health Survey)
- 21.4% of fatal crashes are alcohol related.
(NCDOT)
- 17.4% of 9th graders reported that they rode with a driver who had been drinking alcohol in the last 30 days.
(2017 Youth Risk Behavior Survey)
- 39% of 9th graders reported that they have used electronic vapor products.
(2017 Youth Risk Behavior Survey)

Goal	Increase and enhance community substance abuse—including tobacco, vaping and alcohol—education and prevention programs.
Objective	Hope Rx and its community partners will increase the number substance misuse-focused community education events by at least 15% from a baseline of 20 events by the end of year three.
Objective	Hope Rx will develop a local youth council to engage high school students in substance misuse education and prevention programs by the end of year three.
Goal	Reduce prescription drug diversion and misuse.
Objective	Hope Rx and its community partners will increase the annual number of prescription drug drop-off events by at least 10% from a baseline of 12 drug take-back events by the end of year three.
Goal	Develop community-based substance abuse treatment options and support programs.
Objective	Blue Ridge Health will increase participation in Medication Assisted Therapy (MAT) program by at least 10% in Western North Carolina from a baseline of approximately 200 patients by the end of year three.
Objective	First Contact Addiction Ministries will expand its substance abuse treatment and family support programs by at least 10% from a baseline of 1,100 client intakes by the end of year three.
Objective	WNC Rescue Ministries will increase the number of graduates of its Abba’s House residential program for new mothers struggling with drug addiction by at least 20% from a baseline of 11 by the end of year three.
Objective	The Free Clinics and Henderson County will partner with area hospitals to develop a Post Overdose Response Team (PORT) to follow up with patients 24 hours after an overdose and connect them with community resources and recovery programs by the end of year three.

Hospital Contributions

- AdventHealth Hendersonville will continue serving on the board of the **Henderson County Partnership for Health**—a community health coalition that also serves as the local CHNA Committee. The coalition developed **Action Teams** to address each individual health priority. The Hospital is an active participant in the **Hope Rx Committee**, the Action Team tasked with addressing the priority of substance abuse.
- AdventHealth Hendersonville will continue its partnership with **Hope Rx** to prevent substance misuse in Henderson County. AdventHealth Hendersonville will continue its role on the organization’s steering committee and increase its annual donation to \$15,000 in support of the organization’s Week of Hope program for high school and middle school students, the creation of a youth council to address substance misuse in the community and the continuation of its prescription drug take back events. A representative from AdventHealth Hendersonville also sits on the organization’s advisory committee.

- AdventHealth Hendersonville will continue its support for **Blue Ridge Health** and its substance abuse treatment programs—specifically the organization’s Medication Assisted Treatment (MAT) program for low-income and uninsured patients in Western North Carolina. In addition to an annual \$10,000 donation, the Hospital has renovated and expanded its inpatient women’s behavioral health unit to serve more dual diagnosis patients in the region who struggle with substance misuse.
- AdventHealth Hendersonville will continue its work with **First Contact Addiction Ministries** in support of community-based substance abuse treatment programs in Henderson County. The Hospital partners to serve low-income women with a dual diagnosis—mental health and substance misuse—through its newly-renovated and expanded women’s inpatient behavioral health unit that treats a variety of conditions ranging from depression and anxiety disorder to bipolar and substance misuse. AdventHealth Hendersonville will also continue its \$15,000 annual donation.
- AdventHealth Hendersonville will begin partnering with **Western Carolina Rescue Ministries** and the organization’s **Abba’s House** residential program for low-income new mothers struggling with addiction in Buncombe County. In addition to beginning a \$10,000 annual donation to support the organization, the Hospital will also partner to serve clients in its inpatient women’s behavioral health unit with a focus on treating substance misuse.
- AdventHealth Hendersonville will continue its support of **The Free Clinics**, specifically its work to help support overdose patients in Henderson County and connect them with community support resources through an increased annual donation of \$10,000 to the organization.

Community Partners

- **Henderson County Partnership for Health** is a community health coalition with member organizations from area health care, non-profit and governmental organizations. The organization supports the **Hope Rx Committee**, which is focused on addressing the community health priority of **Substance Abuse**.
- **Hope Rx** is Henderson County’s substance abuse coalition. Founded by the Henderson County Partnership for Health, the organization is focused on substance abuse education, prevention and treatment programs.
- **Blue Ridge Health** is a Federally-Qualified Healthcare Center (FQHC) serving patients in Henderson County and the region. The organization provides primary care, behavioral health services, substance abuse treatment and dental care for low-income and uninsured patients.
- **First Contact Addiction Ministries** is a faith-based non-profit providing case management, counseling, drug rehabilitation placement and family support for individuals experiencing addiction in Henderson County.
- **Western Carolina Rescue Ministries** is a faith-based non-profit providing services to address homelessness, hunger and addiction in Buncombe County through its crisis shelter, meal site and

residential substance abuse treatment facility. **Abba's House** is the organization's treatment program for new mothers struggling with addiction whose babies tested positive for drugs.

- **The Free Clinics** is a non-profit organization that enhances the health care system in Henderson County to ensure the accessibility of quality health care for the uninsured and low-income clients. The organization's **Post Overdose Response Team (PORT)** is a new partnership with Henderson County to address substance misuse in the county.

CHP PRIORITY 3

Physical Activity and Nutrition

Obesity was a top health priority in AdventHealth Hendersonville’s past CHNAs. Being overweight or obese is a major risk factor for many chronic diseases including heart disease, type 2 diabetes, hypertension and cancer.

The Henderson County Partnership for Health changed the priority to Physical Activity and Nutrition during the last CHNA to avoid the stigma associated with the term “obesity” and its negative connotations. Obesity rates are important, but not the whole story. The community emphasized that people can be *healthier* at any weight if they make even minor lifestyle changes. Evidence shows that physical activity and making good nutritional choices can have a positive impact on obesity and many of the chronic diseases impacted by obesity. The focus has always been on physical activity and nutrition when the community worked to address “obesity” in the past.

- 22.4% of adults in Henderson County report they get the recommended amount of physical activity. (2018 Community Health Survey)
- 6.7% of adults report they consume fruits and vegetable five or more times a day. (2018 Community Health Survey)
- 68.5% (7 out of 10) adults report they are overweight or obese. (2018 Community Health Survey)
- 1 out of 5 adults report they have run out of food or worried about running out of food at least once in the past year. (2018 Community Health Survey)
- 1 out of 3 children are overweight or obese. (NC-NPASS Data: North Carolina Division of Public Health)

Goal	Increase physical activity among youth.
Objective	Increase participation in Girls on the Run of Western North Carolina by at least 10% from a baseline of 1,002 participants by the end of year three.
Goal	Reduce food insecurity in the region.
Objective	Increase the number of people who received meals from Interfaith Assistance Ministries’ (IAM) by at least 10% from a baseline of 10,709 people by year three.
Objective	Increase the number of meals/food boxes distributed by The Storehouse by at least 10% from a baseline of 8,496 boxes by year three.
Objective	Increase the number of food boxes distributed by Asheville Buncombe Community Christian Ministries (ABCCM) by at least 10% from a baseline of 37,508 food boxes by year three.
Objective	Increase the number of hot meals served by Western Carolina Rescue Ministries by at least 10% from a baseline of 82,267 meals by year three.
Goal	Increase access to nutritious food for underserved populations.
Objective	Henderson County Committee for Activity and Nutrition (CAN) and its partners will increase the number of farmers markets in Henderson County that accept the SNAP/Debit/Credit program to a total of four from a baseline of two markets by year three.

Hospital Contributions

- AdventHealth Hendersonville will continue serving on the board of the **Henderson County Partnership for Health**—a community health coalition that also serves as the local CHNA Committee. The coalition developed **Action Teams** to address each individual health priority. The Hospital is an active participant in the **Committee for Activity and Nutrition (CAN)**, the Action Team tasked with addressing the priority of **Physical Activity and Nutrition**.
- AdventHealth Hendersonville will continue partnering with **Girls on the Run of Western North Carolina** to support the organization’s work to improve the physical, emotional and spiritual health of girls in the region. The Hospital will provide a \$5,000 annual donation and volunteers for the organization’s annual 5K running event.
- AdventHealth Hendersonville will continue its support for **Interfaith Assistance Ministries (IAM)** and the organization’s community-based efforts to address food insecurity for low-income and uninsured families in the Henderson County. AdventHealth Hendersonville will provide an \$8,000 annual donation.
- AdventHealth Hendersonville will continue its support for **The Storehouse** and its programs to address food insecurity for low-income and uninsured families in Henderson County. AdventHealth Hendersonville will continue to support the organization through volunteerism and a \$5,000 annual donation. The Hospital serves on the organization’s board of directors, co-hosts an annual community outreach event and its employees adopt almost two hundred underserved children to provide Christmas presents through its Blessings in Boxes program.
- AdventHealth Hendersonville will begin partnering with **Asheville Buncombe Community Christian Ministries (ABCCM)** to address food insecurity among low-income and uninsured individuals experiencing hunger in Buncombe County. AdventHealth Hendersonville will begin an annual donation of \$15,000 in support of the organization’s meal and feeding programs. A Hospital physician practice has “adopted” ABCCM as its community outreach partner, providing volunteers and donations in support of the ministry’s work.
- AdventHealth Hendersonville will begin partnering with **Western Carolina Rescue Ministries** to serve low-income and uninsured individuals experiencing food insecurity in Buncombe County. AdventHealth Hendersonville will begin an annual donation of \$10,000 to support its meal and feeding programs. The Hospital will also provide regular opportunities for its physicians and team members to volunteer in support of the ministry and its programs.

Community Partners

- **Henderson County Partnership for Health** is a community health coalition with member organizations from area health care, non-profit and governmental organizations. The organization supports the **Committee for Activity and Nutrition (CAN)** that is focused on addressing the priority of **Physical Activity and Nutrition**.
- **Girls on the Run of Western North Carolina** is a regional, community program that inspires 3rd– 8th grade girls to be joyful, healthy and confident through a fun, experience-based curriculum that creatively integrates running and physical activity.
- **Interfaith Assistance Ministries (IAM)** faith-based, non-profit consortium of area churches focused on addressing food insecurity and basic needs among low-income, uninsured residents in Henderson County.
- **The Storehouse** is a faith-based, non-profit food and hygiene pantry that works to address food insecurity for low-income, uninsured families in Henderson County.
- **Asheville Buncombe Community Christian Ministries (ABCCM)** is a faith-based, non-profit organization dedicated to addressing food insecurity and homelessness in Buncombe County through its food distribution program for low-income, uninsured individuals and families.
- **Western Carolina Rescue Ministries** is a faith-based non-profit providing services to address homelessness, hunger and addiction in Buncombe County through its crisis shelter and meal site.

CHP PRIORITY 4

Safe and Affordable Housing

Safe and Affordable Housing was a priority in AdventHealth Hendersonville’s last CHNA and continues to be a community concern. Considered a Social Determinant of Health, housing can affect a wide range of health and quality-of-life outcomes. Everyone needs a place to live, regardless of age, job, race, disability, income or position in life. But not everyone’s home is affordable.

Henderson County residents spend more for housing (rental and mortgages) on average than the rest of the region. The Department of Housing and Urban Development (HUD) defines “affordable housing” as consuming no more than 30% of a household’s monthly income, including utilities. This is the maximum level a family should spend. Generally, when families or individuals spend more than 30% of their income on housing, they do not have enough income to withstand financial setbacks or meet other basic needs such as food, clothing and medical insurance.

Crisis housing addresses the imminent health and safety aspects of this priority. The CHNA identified the need for ensuring that domestic violence and sexual assault survivors in the region had access to crisis shelters and basic needs.

The homeless population in Henderson County peaked in 2017. According to the Point in Time survey, an average of 19% of the homeless population was deemed “chronically homeless,” which means they have a disability and have been homeless for at least one year or have had four episodes of homelessness in three years.

- 46.4% of renters spend more than 30% of their income on housing and 18.8% of renters spend more than half their income on housing.
(US Census Bureau)
- 16.4% of mortgage owners spend more than 30% of their income on housing and 6.2% of mortgage owners spend more than half their income on housing.
(US Census Bureau)
- 24% of all households in Henderson County are cost burdened (spend more than 30% of total income on housing).
(US Census Bureau)
- 112 homeless persons were counted in the annual point in time count in 2017.
(2017 Henderson County Homeless Point in Time Count)

Goal	Increase access to crisis shelters for survivors of domestic violence and sexual assault.
Objective	Increase the number of domestic violence and sexual assault survivors served by Safelight in the organization’s shelter by at least 5% from a baseline of 289 adults and children by year three.
Objective	Increase the number of domestic violence and sexual assault survivors served by Helpmate in the organization’s shelter by at least 5% from a baseline of 202 adults and children by the end of year three.
Goal	Increase access to emergency shelter for the homeless in the region.
Objective	Increase the annual number of clients served by Asheville Buncombe Community Christian Ministries (ABCCM) at Steadfast House by at least 15% from a baseline of 131 by year three.
Objective	Increase the annual number of safe shelter beds through Western Carolina Rescue Ministries by at least 5% from a baseline of 41,014 by year three.

Goal	Increase access to safe and affordable housing in the region.
Objective	Increase the number of clients served by Thrive’s Housing Case Management program by at least 10% from a baseline of approximately 65 by the end of year three.
Objective	Increase the number of permanent housing placements through Asheville Buncombe Community Christian Ministries’ (ABCCM) Steadfast House for underserved women and children in Buncombe County by at least 10% from a baseline of 70 by the end of year three.
Objective	Continue support for Henderson County Habitat for Humanity and increase the number of houses completed by at least 10% from a baseline of 17 homes by the end of year three.

Hospital Contributions

- AdventHealth Hendersonville will continue serving on the board of the **Henderson County Partnership for Health**—a community health coalition that also serves as the local CHNA Committee. The coalition developed **Action Teams** to address each individual health priority. The Hospital is an active participant in the **Affordable Housing Committee**, the Action Team tasked with addressing the priority of **Safe and Affordable Housing**.
- AdventHealth Hendersonville will continue its support for **Safelight** to serve child abuse and sexual assault survivors in the region through a \$17,500 annual donation.
- AdventHealth Hendersonville will establish a partnership with **Helpmate** to support the organization’s domestic violence shelter through an annual donation of \$5,000.
- AdventHealth Hendersonville will begin partnering with **Asheville Buncombe Community Christian Ministries (ABCCM)** to address homelessness among in Buncombe County. AdventHealth Hendersonville will begin an annual donation of \$10,000 in support of the organization’s shelters—specifically **Steadfast House** for women and children.
- AdventHealth Hendersonville will begin partnering with **Western Carolina Rescue Ministries** to serve individuals experiencing homelessness in Buncombe County. AdventHealth Hendersonville will begin with an annual donation of \$10,000 to support the organization’s shelter.
- AdventHealth Hendersonville will continue its support for **Thrive** and its **Housing Case Management** program that helps individuals secure safe, stable housing in the community through a \$10,000 annual donation.
- AdventHealth Hendersonville will continue its support for **Henderson County Habitat for Humanity** and its home ownership programs through a \$6,000 annual donation. The Hospital also participates in the organization’s Faith Build initiative and provides a large group of employee volunteers for the event.

Community Partners

- **Henderson County Partnership for Health** is a community health coalition with member organizations from area health care, non-profit and governmental organizations. The organization supports the **Affordable Housing Committee** that is focused on addressing the community health priority of **Safe and Affordable Housing**.
- **Safelight** is a non-profit agency that provides support for survivors of interpersonal violence, sexual assault and child abuse in Henderson County. The organization runs the community's domestic violence shelter.
- **Helpmate** is primary provider of crisis services offered exclusively to survivors of domestic violence in Buncombe County. The organization runs the community's domestic violence shelter.
- **Asheville Buncombe Community Christian Ministries (ABCCM)** is a faith-based, non-profit organization dedicated to addressing food insecurity and homelessness in Buncombe County through its shelters and transitional housing programs.
- **Western Carolina Rescue Ministries** is a faith-based non-profit providing services to address homelessness, hunger and addiction in Buncombe County through its crisis shelter and meal site.
- **Thrive** is a community non-profit focused on assisting individuals experiencing mental health and housing instability in Henderson County.
- **Henderson County Habitat for Humanity** is a non-profit organization that supports home ownership through construction of affordable homes for low-income, underserved individuals and families in Western North Carolina. New homeowners receive financial education classes, help with building their houses and mortgage assistance programs.

PRIORITIES THAT WILL NOT BE ADDRESSED

The Community Health Needs Assessment also identified the following priority health needs that will not be addressed. These specific issues and an explanation of why the Hospital is not addressing them, are listed below.

The priority issues that will not be addressed include:

1. Vaping was highlighted in community surveys—namely the Youth Risk Behavior Survey—as an issue of high concern. AdventHealth Hendersonville and the Henderson County Partnership for Health determined that the issue of vaping was more effectively included and addressed in the broader priority of Substance Abuse.
2. Suicide—specifically youth considering suicide—was identified in the Community Health Needs Assessment as an issue of high concern. AdventHealth Hendersonville and the Henderson County Partnership for Health determined that the issue of suicide was more effectively included and addressed in the broader priority of Mental Health.
3. Adverse Childhood Experiences (ACEs) were a consistent and prevalent concern throughout the community health needs assessment process. AdventHealth Hendersonville and the Henderson County Partnership for Health determined that ACEs—specifically trauma-informed care—should be included as a component of all identified health priorities.
4. Transportation was identified in our Community Health Needs Assessment as an issue of concern. The Henderson County Partnership for Health decided to include a single Social Determinant of Health and focus on Safe and Affordable Housing.